

An Alaskan Recipe from Andrea Sandefur andreasandefurmusic.com

Salmon Cakes

(Adapted from Paula Dean's Crab Cake recipe)

1 lb cooked salmon, skin off, picked free of bones (leftovers from grill are perfect)

½ cup of panko bread crumbs

3 green onions, finely chopped

½ cup finely chopped red bell pepper

¹/₄ cup mayonnaise (see my bonus Tartar Sauce recipe for homemade mayo too)

1 egg

1 t Worcestershire sauce

1 t dry mustard

Juice of ½ lemon

1/4 garlic powder

1 t salt

Dash of creole or cayenne pepper

Break the salmon into fine flakes. Add all remaining ingredients and mix well. Add more mayo or panko, depending on how moist or dry the mixture is...you are aiming for a consistency that will shape well and stay together.

Prep your pan or skillet for cooking. I've cooked these a few different way, but recommend lightly frying them in some oil in a cast iron skillet. (I've also broiled, baked and grilled them. I've even skipped shaping them altogether and pressed the whole mixture down in a greased 9"x13" pan like a casserole. Your pick and preference.)

Form the mixture into cakes of whatever size you would like. My family enjoys burger-sized cakes, but I sometimes have fun and make smaller appetizer-size cakes. Shape them like thick burger patties. Fry each side over low-med heat until well browned.

Serve over a bed of rice and my homemade tartar sauce.